

## How to prepare for a modified barium swallow study (MDSS) at Dell Children's Medical Center

### Arrival Time:

- Your child's exam will start promptly at [exam time].
- You must arrive 30 minutes before the exam at [arrival time] to register.
- Late arrivals may result in the need to reschedule your child's exam.
- Please lookout for a text message to pre-register and save time.

### NPO Instructions:

- It is important for your child to arrive hungry and ready to eat.
- They will need to be NPO, which means nothing by mouth or feeding tube before the exam.
  - **Newborn to 1 ½ years of age:** Nothing by mouth for 3 hours before the exam
  - **1 ½ years and older:** NOthing by mouth for 4 hours before the exam

### What to Bring:

- Bring the bottles and nipples, sippy cups, or other special feeding items that your child uses at home.
- We will test liquids and/or foods during the study.
- Bring at least one food item that your child enjoys and at least one food item that your child has difficulty with.

### Parking Instructions:

- Near the intersection of Philomena St. and Mueller Blvd., you'll see the Specialty Pavilion which is at 4910 Mueller Blvd.
- Park in the garage labeled "Green Parking."
- Look for "Imaging Services" to check-in.

### Other Important Information:

- Keep in mind, no unattended minors are allowed in Radiology.
- If you aren't able to attend this exam, please call the **Imaging Front Desk at 512-324-0140 option 3** to cancel at your earliest convenience.