



Pool open for individual work

# AQUATIC THERAPY SCHEDULE



Pool open only for class members

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 – 8:00 a.m.						Opens @ 6:30 am	Closed
8:00 – 9:00 a.m.							
9:00 – 9:50 a.m.							
10:00 – 10:50 a.m.	Joints in Motion		Joints in Motion		Joints in Motion		
11:00 – 11:50 a.m.	Gentle Moves		Gentle Moves		Gentle Moves		
Noon – 1:00 p.m.							
1:00 – 2:00 p.m.							
2:00 – 3:00 p.m.							
3:00 – 5:20 p.m.							
5:30 – 6:20 p.m.			Aqua Wow			Closes @ 4:30 pm	
6:30– 9:00 p.m.	Pool Closes @ 8:30pm	Pool Closes @ 8:30pm	Pool Closes @ 8:30pm	Pool Closes @ 8:30pm	Pool Closes @ 7:30pm		