

Massage Therapy Services



At St. John Siegfried Health Club, we recognize that massage therapy can play an important role in treating illness as well as contributing to a higher sense of well-being. Our certified massage therapist strive to offer advanced and detailed massage therapy techniques to ensure a high quality of care.

Jalaina Teel, LMT

17 years experience

- Trigger point
- Deep tissue
- Pregnancy

918-644-4329

- Swedish
- Reflexology

Kevin Moore, LMT

17 years experience

- Deep tissue
- Trigger point therapy
- Sports

918-504-5686

- Pregnancy
- Swedish

Whitney Bartley, LMT

21 years experience

- Swedish
- Deep tissue
- Lymphatic drainage

918-645-4640

- Relaxation
- Reflexology

Massage therapy rates

\$60 - 30 minutes

\$90 - 60 minutes

\$120 - 90 minutes

Book more and save with our packages!

\$270 - 5 –30 minute sessions

\$405 - 5 –60 minute sessions

\$540 - 10 –30 minute sessions

\$810 - 10 –60 minute sessions

\$1080 - 10 –90 minute sessions

Gift certificates available!



**Ascension
St. John**