Pool open only for class members		FITNESS POOL SCHEDULE Pool open to lap swimmers and water walkers					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 – 8:50 a.m.						Opens @ 6:30 am	Closed
9 – 10 a.m.	Aqua Groove	Hydro Interval 9:00 - 9:50 a.m.	Aqua Groove	Hydro Interval 9:00 - 9:50 a.m.	Pool Unavailable from 9am-10am		
10 – 11 a.m.							
11 – Noon							
Noon – 1 p.m.							
1 – 2 p.m.							Opens @ Noon
2 – 4 p.m.	**		**	**			
4 – 5:30 p.m.						Closes @ 4:30pm	
5:30 – 7:15 p.m.							Closes @ 4:30pm
7:15 – 9:00 p.m.	Closes @ 8:30pm	Closes @ 8:30pm	Closes @ 8:30pm	Closes @ 8:30pm	Closes @ 7:30pm		

Lap lanes removed 5 minutes prior to each class

** 1-2 lanes reserved for Cardiac