



# Diabetes Self-Management Education Order

Diabetes Self-Management Training is recommended by the American Diabetes Association at diagnosis, annually, and whenever targets related to glucose or cardiovascular risk are unmet.

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Diabetes Diagnosis  Type 1  Type 2  Gestational  Diabetes in Pregnancy  Prediabetes

Most Recent HbA1c: \_\_\_\_\_ Date: \_\_\_\_\_

Language Interpreter needed for  Spanish  Burmese  Other: \_\_\_\_\_

**Services Ordered - May check more than one.**

- Initial Comprehensive Diabetes Self-Management Training (DSMT) - 10 hours and all 9 topics
- DSMT follow-up - 2 hours annually
- Medical Nutrition Therapy - Initial 3 hrs or  Medical Nutrition Therapy Follow-up 2 hours
- Medical Nutrition Therapy additional time \_\_\_\_\_ hours for \_\_\_\_\_
- Gestational Diabetes Education up to 3 hrs DSMT + 3 hrs MNT  
(3h GTT results: \_\_\_\_\_ FBG \_\_\_\_\_ 1h \_\_\_\_\_ 2h \_\_\_\_\_ 3h)
- Specific Topics ONLY: \_\_\_\_\_

**Medicare requires initial DSMT be provided in a collaborative group setting unless barriers are checked below.**

- Impaired mobility  Impaired dexterity  Impaired hearing  Impaired Vision  Impaired Cognition
- Language Barrier  Learning Disability  1:1 Insulin Training

**Comments to educator**

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**I hereby certify that I am managing this beneficiaries diabetes condition and the above prescribed training is a necessary part of the treatment**

Provider Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

Provider Printed Name: \_\_\_\_\_ Fax: \_\_\_\_\_

**Kindly Fax Completed Order to 443-708-9355**

Patients receiving Diabetes Self-Management Training (DSMT) residing in **21207, 21215, 21216, 21223 and 21229** will be offered food access assistance