



Part of our free “Earn While You Learn” series

New parent class: What to expect the first year

Do you have worries or concerns about bringing your baby home?

Topics include:

- Breastfeeding problems and solutions
- Importance of bonding
- Infant accidents
- Infant hygiene
- Infant temperament
- Mommy work
- Newborn illnesses
- Simple infant care
- Understanding your infant
- Weaning your baby

Our staff is here to answer questions and empower you with information and support. Earn **free** items from our Baby Boutique while you learn how to become the best parent you can be for your child. Upon completion of 10 classes, receive a **free** Pack 'n Play or infant car seat for your baby!

Scan the QR code
for more information



Ascension St. Vincent's
Pregnancy Resource
Center - Riverside
1637 King St.
Jacksonville, FL 32204

Call 904-308-7510
today or contact a
counselor to enroll.

Walk-ins are welcome!