



Breastfeeding Support Group

Congratulations on your new baby

We are excited to announce our Breastfeeding Support Group is back! This group is for new mothers to meet and support each other in their breastfeeding journey. Topics may range from normal newborn behavior, maintaining a milk supply, returning to work, and night feedings. All meetings are moderated by an IBCLC (International Board Certified Lactation Consultant). These meetings are for mothers and infants up to 6mos of age. We look forward to seeing you!

Third Wednesday of each month
10:30 a.m. - Noon

Ascension Sacred Heart Emerald Coast
7800 U.S. 98, Suite 3
Miramar Beach, FL 32550

Registration is not required. For more information contact Lottie Davis at lottie.davis@ascension.org.



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