

Do you experience any of the following hand or upper extremity problems?

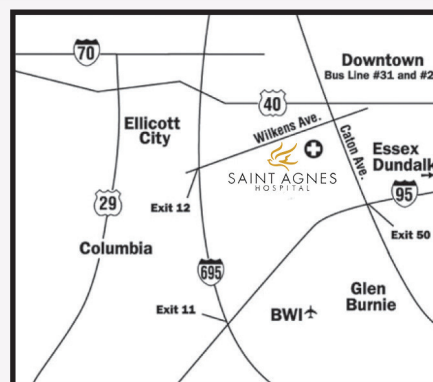
- Pain
- Numbness
- Limited motion
- Swelling in your joints
- Difficulty sleeping due to hand/arm pain
- Morning stiffness
- Difficulty performing everyday activities including work and leisure activities
- Open wounds or post infection
- Weakness

If you said yes to any of the above problems you may benefit from an Occupational Therapy hand and upper extremity assessment.

Hand Therapy Services

*Occupational Therapists
providing
specialized care*

Saint Agnes Rehab
Mailstop 047
900 Caton Avenue
Baltimore, MD 21229
667-234-2800 (phone)
667-234-3532 (fax)



Saint Agnes is conveniently located off of Caton Avenue in Baltimore. Valet parking available at Main Entrance.

www.stagnes.org

Hand Therapy Rehabilitation

*Comprehensive Hand and Upper
Extremity Program*

Treatment for a multitude of hand/upper extremity problems

The Occupational Therapists at Saint Agnes Hospital provide comprehensive skilled services for a variety of hand and upper extremity problems. Commonly treated hand and upper extremity injuries include the following:

- Arthritis
- Carpal Tunnel Syndrome/Carpal Tunnel Release
- Fractures/Dislocations
- Nerve Lacerations/Compressions
- Repetitive Motion Injuries
- Trigger Finger
- Tendon Lacerations/Repair
- Upper Extremity Post-Surgery Rehabilitation

Experienced Therapists

We have highly skilled staff with extensive training in the treatment of a variety of hand and upper extremity injuries. Treatment may include one or more of the following:

- Splint Fabrication
- Wound Care
- Manual Therapy
- Edema Management
- Parafin and Fluidotherapy
- Thermal and Electrical Modalities
- Scar Management
- Therapeutic Exercise
- Activities of Daily Living
- Ergonomics and Work Conditioning
- Assessment and Training for Adaptive Equipment
- Customized Home Exercise Program
- **BTE PrimusRS**, a high-tech system used to regain function, strength and coordination



Convenient Facility

Outpatient Rehabilitation Services at Saint Agnes Hospital offers the following benefits:

- Flexible weekday hours for scheduling appointments
- Easy access to bus lines
- Valet parking
- A comfortable and friendly environment
- A Fitness Center on the premises with the option to join after therapy is completed
- Independence Square, a “virtual community,” located indoors to simulate everyday activities such as shopping, driving, cooking and homemaking tasks